

---

## ESR UPDATE

8 March 2017

---

Following recent feedback from specialists the list of appropriate clinical details for requesting ESR has been updated to include uveitis and iritis.

**The following restrictions came into effect on the 3<sup>rd</sup> October 2016.**

1. ESR's without relevant clinical details will not be processed.
2. Requesting clinicians will need to ensure that the indication is clearly printed under the clinical details section of the request form to ensure that the test is processed.

**Updated list of appropriate clinical details (at diagnosis or follow up) include:**

- Paediatric inflammatory bowel disease: ulcerative colitis/Crohn's disease
- Systemic lupus erythematosus (SLE)
- Connective tissue disorder
- Vasculitis/arteritis
- Temporal (Giant cell) arteritis
- Juvenile idiopathic arthritis
- Rheumatoid arthritis
- Polymyalgia Rheumatica
- Kawasaki Disease
- Rheumatic fever
- Hodgkin lymphoma
- Suspected prosthetic joint inflammation
- Bone / joint infection
- Osteomyelitis
- Uveitis
- Iritis
- Any other condition when pre-approved by a Labtests haematologist

**Dr Arlo Upton**  
Clinical Director  
Labtests and Northland Pathology

---