

SEMEN FOR FERTILITY



PHONE: 09 574 7399

PATIENT INSTRUCTIONS

- Abstain from sexual intercourse for at least 3 days and not longer than 7 days prior to test.
- **DO NOT** use a condom or any form of lubricant.
- Obtain specimen by masturbation or withdrawal method.
- Collect the entire specimen into the container provided.
- Keep the specimen at body temperature (approx 37 degrees C), by wrapping it in a bag, and holding under your armpit or against your body.
- Ensure your **name** and **date of birth** are clearly written on the container
- Ensure the **date** and **time of collection** are written on the form.
- Return the specimen and request form **directly** to the **main Labtests Laboratory at:**
- **37-41 Carbine Road, Mt Wellington**, between the hours of:
 - 7 am – 3.30 pm : Monday to Friday
 - 8 am – 12 noon : Saturday
- **Please Note: We are unable to accept specimens on Sunday's or Public Holidays.**
- Specimens **MUST** be delivered **within 1 hour** of collection

NOTE: Labtests do not provide facilities for the collection of samples

For further information, please call 09 574 7399