

# SPUTUM SPECIMENS



PHONE:09 574 7399

## PATIENT INSTRUCTIONS

Tick appropriate box:

- CULTURE (1 early morning specimen only)**
- Cough up sputum deep from the chest (not saliva from the mouth)
  - Transfer sputum into the clean container provided
  - **Ensure name and date of birth is clearly written on the container**
  - **Ensure date and time of collection is written on the form**
  - Take the specimen (and form) into the Collection Centre as soon after collection as possible
- TB (AFB – Acid Fast Bacilli)**  
(3 early morning specimens are collected on 3 consecutive days and each specimen must be delivered daily to the nearest Collection Centre as soon as possible, following collection).
- **Collect as above and ensure name and date of birth are clearly written on the jar and either Specimen 1, 2 or 3**
  - **Ensure date and time of collection are written on the form**
  - Take each specimen (and form) into the collection centre each day as soon after collection as possible
- CYTOLOGY**  
(3 early morning sputum specimens are collected on 3 consecutive days and each specimen must be delivered daily to the nearest Collection Centre as soon as possible, following collection).
- **Collect as for CULTURE and ensure name and date of birth are clearly written on the jar and number 1, 2 or 3**
  - **Ensure date and time of collection are written on the form**
  - Take each specimen (and form) into the Collection Centre each day, as soon after collection as possible

**For further information, please call 09 574 7399**