

# HOW TO SELF-COLLECT A MRSA SWAB SAMPLE



PHONE:09 574 7399

## Patients Swab Instructions:

### Mucosal surface (Nose)

- Take the cotton tipped swab from the package
- Gently dip the cotton tip into the culture media to moisten it.
- Gently rotate the swab around the inner surface of the nostril (anterior nares).
- Repeat on the other nostril (anterior nares) using the same swab. Only one swab is necessary.
- Place the cotton tipped swab into the plastic tube with the culture media at the bottom.

### Groin/perineum

- Take the cotton tipped swab from the package.
- Gently dip the cotton tip into the culture media to moisten it.
- Rotate the moistened swab gently but firmly over the area on each side of the groin. Only one swab is necessary
- Place the cotton tipped swab into the plastic tube with the gel at the bottom.

## Important - Specimen labelling and delivery:

- Ensure **full first and last names** and **date of birth** (dd/mm/yy) are clearly written on the specimen container
- Ensure date and time of collection is written on the request form and specimen container
- Ensure the **site** is written on the specimen container.

**Note:** Deliver the specimen to a Labtests Collection Centre the day the specimen was collected.